

“Now more and more women are going into the field of urology because it is a surgical subspecialty that allows some degree of quality of life, in that there’s not a lot of emergencies, life and death situations or life threatening diseases,” she explains. “Certainly those exist within the field, but it’s generally healthy people with issues addressed with surgery.”

Laura found her calling while studying anthropology at the University of Vermont.

“I became fascinated by how universally sex drives societies and how differently we all experience our sexuality,” she says. “As I began to study to become a couples’ therapist I found that so many couples were struggling with sexual issues and so few therapists were comfortable dealing with it. Here was a problem I was comfortable talking about and could fix, that would make a huge difference in peoples’ core experience of their lives and their relationships. It’s been the most rewarding career I could imagine.”

By combining their specialties, the Berman sisters developed a holistic approach to sexual healing.

“She came at things from the psychological, emotional side and I came from the medical standpoint,”

Jennifer says. “I was basically sort of surprised about the lack of information that we had about the female anatomy and the female sexual response and procedures didn’t exist as they did for men.”

Both Bermans credit their parents – and the New York upbringing that preceded their move to St. Simons Island – for their own healthy attitudes about sex.

“We never really had one talk. It was an ongoing conversation,” says Laura. “They never shied away from a question or made us think we were



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Dr. Jennifer Berman poolside on the cover of Los Angeles Times Magazine.