

Heard Galis

Athens native, Banker

Best way to enjoy the Georgia-Florida weekend



“While my activities surrounding Georgia-Florida weekend have evolved as I’ve gotten older and, presumably, more mature, it always starts that Thursday at 5:00. I’ve learned that when you live at the beach, you have more friends than you thought you had. This is definitely one of the weekends they magically appear and, despite having a year to plan, still need a place to stay. As Friday is spent “making calls outside the office,” I’ve been amazed at how many potential prospects can be found on East Beach “hydrating” themselves in what is, typically, still warm weather. It feels like Athens, but with sand!

“Game day obviously revolves around the game, but pre-game activities are a crucial part to the overall enjoyment of the weekend, especially for the eight losses out of the last 11 games I’ve been to! Sea Island’s tailgate provides all the necessary ingredients (other than a guaranteed win inside the stadium) – bus ride to and from the game, great food, full bar, live band, TVs and a bathroom trailer that makes my bathroom at home feel like a porta-potty ... all about three blocks from the stadium – which, depending on intake and tolerance, is an easy walk for most!

“In my mind, the weekend is never complete without a meal at Crabdaddy’s or a beer at Brogen’s, but with scattered victories in recent history, I have witnessed those who made a meal of beer before the game and didn’t make it to either.”



Cary Knapp

*Adult services librarian,
Brunswick-Glynn County Library*

Best book about Coastal Georgia

“I think the best – and most painless – way to know the history of the area (especially St. Simons) is to read Eugenia Price’s historical trilogy “Lighthouse,” “New Moon Rising” and “The Beloved Invader.” These were some of her first novels about the area and they are very well researched, nicely worded, entertaining and informative.

“There are lots of books about this area and many I would recommend, but I do feel there are several intriguing stories that haven’t been told.”

“One of the most scenic yet challenging running routes around is one that contains portions of the F.J. Torras Causeway. Whether you begin your run at the St. Simons Village Pier and run across the causeway to the Hwy. 17 Welcome Center and back (around 13 miles), or you begin at the Golden Isles Marina and go for a “short” run across the bridges and back (around 4 miles), this route can be challenging.

“The best thing about the causeway run is watching the seasons change through the changing marsh color. The marsh morphs into shades of green and gold and brown during the year and provides an amazing natural view for runners. Blue skies with huge white fluffy clouds can provide a colorful frame for the marsh. Marsh bunnies, turtles, birds and other coastal wildlife can also add visual fun and extra company along this course.”